



MEDGAR EVERS  
COLLEGE  
The City University of New York

**EMPOWERING FACULTY AND STAFF FOR SUCCESS:  
PROFESSIONAL DEVELOPMENT STRATEGIES FOR THE  
MODERN COLLEGE**

SPRING 2023  
FACULTY AND STAFF INSTITUTE

January 19 and 20, 2023

Founders Auditorium and AB-1



*Medgar Evers College*  
*President*  
**Patricia Ramsey, Ph.D.**

**Welcome Message**

Welcome to the January 19<sup>th</sup> and 20<sup>th</sup>, 2023 Faculty and Staff Institute!

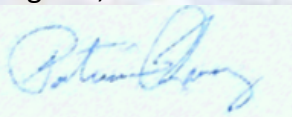
The Faculty/Staff Institute promises to be riddled with useful information that will enhance your knowledge and provide you with tips that will help to better serve our students.

In preparation for the spring 2023 semester, we are pleased to be able to offer a plenary that will include the “State of the College” address and a keynote speaker, Dr. Derrick Drakeford. Dr. Drakeford will engage us through didactic sessions and introduce us to gaming created through his National Science Foundation-funded research.

Over the two days of the Faculty/Staff Institute, you will be exposed to hands-on workshops and activities dealing with civility, collegiality, mental health, work-life balance, customer service, and other topics.

I look forward to seeing you and please take advantage of all of the workshops!

Regards,



Patricia Ramsey, Ph.D.  
President



*Medgar Evers College*  
*Provost and Senior Vice President*  
**Antoinette Coleman, Ph.D.**

**Welcome Message**

Dear Medgar Evers College Faculty and Staff,

On behalf of the administration and the planning committee, I would like to extend a warm welcome to you as you participate in our 2023 Annual Faculty and Staff Institute. We are honored to have you join us for this professional development opportunity and we are excited to offer you a variety of workshops and sessions that will inspire, educate, and engage you.

As educators and professionals, we understand the important role that continuous learning plays in our personal and professional growth. This year's institute will focus on customer service in the 21<sup>st</sup> century, post-quarantine work-life balance, curriculum mapping, college students and mental health, working with diverse students, and challenges to principles of good practice in teaching and learning for Generation Z.

We have put together an outstanding line-up of presenters and facilitators, who will share their knowledge and expertise on a variety of topics. We are confident that the institute will provide you with valuable insights, ideas, and strategies, that you can apply in your work for the benefit of our students.

In addition to the formal sessions, you will also have opportunities to connect with your colleagues and members of the administration. We encourage you to take full advantage of the opportunities available to you.

We are confident that the institute will be a positive and productive experience for everyone.

Warm regards,

Dr. Antoinette Coleman

Provost and Senior Vice President for Academic Affairs





## KEYNOTE SPEAKER

**Derrick Drakeford, Ph.D.**  
CEO/Principal Investigator  
Drakeford, Scott, & Associates, LLC

Derrick Drakeford, Ph.D. is the CEO and President of Drakeford, Scott, and Associates, LLC, an educational technology firm that specializes in non-profit consulting, business development, and motivational speaking. Dr. Drakeford has expertise in proposal development, relationship development, strategic planning, organizational structure development, and partnership development.

Dr. Drakeford serves on the faculty at North Carolina Central University and Shaw University in Raleigh, NC. Derrick holds a Ph.D. in Education from UNC-Chapel Hill, a Bachelor's in Political Science from Bethune-Cookman University, and a Master's in Public Administration from the University of North Carolina at Chapel Hill's School of Government. He holds a certificate in Nonprofit Management from the UNC-Chapel Hill School of Social Work; and certificates in Proposal Writing and Fundraising for Nonprofits from the Center on Philanthropy at Indiana-Purdue University.

Derrick has written eight books: 1) The Purpose Lifestyle, 2) Finding Your Purpose in 15 Minutes, 3) Inclusion: The Art of Story Listening, 4) Jada Goes to Pre-School: A Book on Transitions, 5) The 2 Laws of Standardized Testing, 6) P5: The Five Secrets to Successful Grant and Bid Proposals, 7) Starting Your Business from the Unemployment Line, and 8) Fundraising for Nonprofits What the Bible Says

## WORKSHOP PRESENTERS

### DRAKEFORD, SCOTT, AND ASSOCIATES, LLC.

#### LIVING THE PURPOSE LIFESTYLE

##### Mr. Barron J. Damon



Mr. Barron J. Damon has been a thought leader in the non-profit sector for over 18 years. Barron is a graduate of the University of South Carolina in Columbia where he earned a Bachelor of Arts degree in Industrial Psychology and a Master's degree in Business Management from Webster University. He also completed post graduate work at the University of North Carolina, Chapel Hill in Business and Public Health and an American Express Leadership Fellow. Barron is a seasoned Entrepreneur and Philanthropist and a Certified Professional Coach through the International Coaching Federation. He is also a Certified Non-Profit Consultant and Certified Non-Profit Executive through NANOE.

##### Dr. Quincy Scott Jr.



Following service in the United States Army as a Chaplain (1968-1995), Colonel Quincy Scott Jr., USA, retired, was called to serve his alma mater, prestigious Shaw University in Raleigh, North Carolina, where he served for 16 years as Dean of the Chapel and University Chaplain. The Reverend Dr. Scott attended Shaw University, Oberlin, and Vanderbilt University. His assignments during his illustrious career as a United States Army chaplain included tours in Vietnam, South Korea, Germany, and Italy. Since his retirement from Shaw University, Dr. Scott lives in Fuquay Varina, North Carolina, with his wife, Colonel Constance Scott, USA, retired, and enjoys their grandchildren and two puggles, Melana and Dexter.



## WORKSHOP PRESENTERS

### Ms. La-Tasha Best-Gaddy



Ms. La-Tasha Best-Gaddy is the Chief Strategist of Infinity Bridges Inc. La-Tasha has over 25 years of experience in the Accounting, Insurance, Financial Services, and Non-Profit Industry Sectors. La-Tasha is a passionate thought leader and entrepreneur. She supports her two teenagers' business ventures. She is active within the community and serves on multiple committees and boards. La-Tasha serves as Chairman of Black Business Alliance for Chapel Hill-Carrboro, Facilitator of Durham COVID-19 Collaboration, Board Treasurer of The Collaborative, Chapel Hill-Carrboro Chamber of Commerce Board Member, Treasurer & Co-Founder of NC Employee Ownership Center, and Treasurer of Rebuild Durham. She is a lifelong learner and has multiple certificates and certifications. She is a Certified Economic Development Finance Professional and licensed NC Life Insurance Agent. In 2020, she was named Woman of Distinction by Chapel Hill Magazine. In 2019, she received the SDG

Honors Award, sponsored by AgroBiz. She holds graduate and undergraduate degrees from North Carolina Central University. She holds a certificate from The College of Insurance in New York. She is a graduate of NC Rural Economic Development Institute, Leadership North Carolina, and Leadership Triangle. La-Tasha served as Durham City Director of Walker's Legacy in 2019, Board Treasurer and Former Board Chairman of Self-Help Credit Union for 12 years and Executive Team for City of Durham Small Business Advisory Committee.

## WORKSHOP PRESENTERS

### CURRICULUM-MAPPING

#### Dr. Colleen Davy



Dr. Colleen Davy is currently serving as the Interim Dean of Institutional Research and Strategic Planning at Kingsborough Community College, where she began in 2021 as the Director of Assessment. Prior to Kingsborough, she also served as Director of Assessment and Academic Quality at The New School and was an Associate Director in the Faculty Assessment and Development team in the School of Professional Studies at Columbia University, where she facilitated workshops and forums for faculty to develop their teaching skills. She holds a Ph.D. in Cognitive Psychology from Carnegie Mellon University where she was a pre-doctoral fellow in the Program for Interdisciplinary Education Research (PIER) and has been an adjunct faculty member in the

Psychology department at a number of colleges, including Brooklyn College, and is an Adjunct Lecturer in the Master's in Applied Analytics Program at Columbia, where she teaches courses on research design and storytelling with data.

### POST-QUARANTINE WORK-LIFE BALANCE

#### Dr. Stacey Plichta



Dr. Stacey B. Plichta is a founding faculty member and full professor of Health, Policy & Management at the CUNY Graduate School of Public Health, and Health Policy. She has been with CUNY for 13 years and prior to this was a full professor at Old Dominion University in Norfolk, VA. Stacey's research and community service work focuses on the health and well-being of frontline social services workers, including adult protective services workers, domestic violence/family justice center workers and NYC Resource Navigators. Most recently, Dr. Plichta did a series of health coaching workshops for the CUNY Pandemic Research Institute and HHC Covid-19 Resource Navigators. Stacey's doctorate is from The Johns Hopkins School of Hygiene and Public

Health, her post-doc is from Yale University, and she completed additional training in integrative health and wellness at the University of Arizona Institute for Integrative Medicine. When Stacey is not working, you can find her in a camper exploring the U.S. or in her garden raising up potatoes, tomatoes, and young adults.



## WORKSHOP PRESENTERS

### CUSTOMER SERVICE IN THE 21<sup>ST</sup> CENTURY: WHAT STUDENTS, FACULTY, STAFF, AND VISITORS NEED

#### Ms. Susan Haynes



Ms. Susan Haynes brings a wealth of knowledge and experience to Medgar Evers College, having held many HR management and leadership roles in various industries over the past 25 years. Ms. Haynes was formerly in a human resources management role for Time Warner Cable of NYC, where she supported a multi-site location for approximately 750 employees. She also assisted a start-up company in Manhattan, DSL Telecom Company, in developing their human resources department for 125 employees; she served as the human resources manager at the Albany Georgia Police Department, where she developed a succession plan for the police officers and civilian staff; has held HR management roles at the

Home Depot in both New York City markets and Southwest Georgia, and has also worked for Mars Chocolate North America as the people and organization manager, where she assisted in developing a diversity and inclusion circle for women aspiring to move into leadership and technical roles. Ms. Haynes comes to Medgar Evers College from Albany State University, where she managed the staff and faculty wellness and benefits program.

Ms. Haynes holds a bachelor's degree in Business from Bernard M. Baruch College (CUNY), a master's degree in organizational leadership from LaGrange College, and a post-bachelor diploma in human resources management from New York University. Ms. Haynes holds the distinction of being a certified human resource professional and a "Leadership Albany" alumna. Ms. Haynes is working on a Doctor of Business Administration degree at Georgia State University.

#### Ms. Tracey Hobbs



Tracey Hobbs is the founder of Shifterr, a startup dedicated to connecting hospitality employers with local talent looking to fill shifts. With a unique professional background, she has worked in digital media for companies such as NBC, CNN, and MTV, while maintaining secondary roles in hospitality. Tracey holds a BA in Political Science and Criminal Justice from Rutgers University and an MS in Organizational Leadership from City University of New York (CUNY) – Lehman College.



## WORKSHOP PRESENTERS

### COLLEGE STUDENTS AND MENTAL HEALTH: HOW TO SUPPORT STUDENTS IN CRISIS

#### Dr. Makeba Pinder



Dr. Makeba Pinder is the Interim Director of the Office of Counseling and Psychological Services at Medgar Evers College, CUNY. She has worked for MEC for 16 years. She started as a Mental Health Counselor and worked with numerous students with mental health challenges. Dr. Pinder started by teaching the Academic Improvement Course (AIM) for students whose grade point averages were below 2.0. In collaboration with another counselor, she developed college-readiness skills workshops (i.e., Time Management, Stress Management, Test-Taking Skills, and Motivation) to prepare students for college life's rigor. She believes that students must embrace healthy coping strategies to succeed in college and life. In her 16 years at Medgar Evers College CUNY, Dr. Pinder has developed collaborations with other Student Affairs units and Academic departments. She has mentored and supervised graduate and undergraduate Mental

Health Counseling and Social Work students and participated in college-wide Strategic Planning committees while developing programs and events for the Office of Counseling and Psychological Services.

Dr. Pinder graduated with her Bachelor of Science in Psychology from City College of New York, CUNY. She completed her Master's in Social Work at the University of Michigan School of Social Work (Go Blue!) and, in January 2022, defended her dissertation titled "*Understanding African American Adult Fathers who were Young Fathers: A Retrospective Study*" from Fordham University Graduate School of Social Service.

#### Ms. Althea Willie



Ms. Althea Willie, MSN, RN-C is a master's prepared nurse and holds a nursing certification in Inpatient Obstetric Care. Ms. Willie has over 18 years of experience in health care, both in-patient and out-patient. She worked at SUNY Downstate Medical Center for 11.5 years, before transitioning to CUNY. Before Medgar Evers College, she was the staff nurse at LaGuardia Community College. Presently, Ms. Willie is the Director of the Office of Health Services and Location Vaccine Authority for the campus. In addition, Ms. Willie served on the Health Services Council as co-chair from 2019-2022. She is responsible for creating and promoting health-driven programming that supports students in reaching optimal health.

## WORKSHOP PRESENTERS

### GENERATION Z: CHALLENGES TO PRINCIPLES OF GOOD PRACTICE IN TEACHING AND LEARNING

**Dr. Jesse Kane**



With a broad range of experiences in higher education spanning over 20 years, Dr. Jesse Kane has been instrumental in the design and implementation of programs that foster and promote student success, particularly for students of color. Much of his work has focused on the impact of engagement opportunities on persistence, retention, and graduation. He has worked with institutional partners in utilizing high-impact practices to help improve student outcomes. Dr. Kane has both presented and trained in the areas of student development, diversity and cultural

competency, minority male identity development, academic program review, leveraging learning communities for academic success, among others. He currently serves as the Senior Vice President for Student Success and Enrollment Management at Medgar Evers College, a senior college within the City University of New York. Additionally, he has held many other senior-level administrative positions in both student and academic affairs at several institutions, including serving as Education Policy Analyst with the Maryland Higher Education Commission, a state-wide higher education coordinating body. His experiences afford him a depth of understanding of higher education at the campus, state, and national levels. Dr. Kane's passion for working with college students is best expressed through his professional motto of: "Students are never an interruption to our work; they are the reason for it!"

### WORKING WITH DIVERSE STUDENTS

**Mr. Kevin Adams**



Mr. Kevin Adams is currently the Director of Community Standards/Student Conduct Officer at Medgar Evers College (MEC).

During his twenty-year tenure at the College, Kevin has chaired the Commencement Committee and CUNY Council of Student Life Directors; in an acting capacity he operated as the Director Athletics & Intramurals and Director of Health Services; sat on committees including Black History Month, Hispanic Heritage Month, Women's HerStory Month, Emergency Preparedness, and LGBTQ+ Faculty/Staff Council; and held prominent roles in the Office of Communications and Office of Academic Affairs.



## WORKSHOP PRESENTERS

In his current role, Kevin supports maintaining a safe, accountable, and inclusive community at Medgar Evers College. He is passionate about the development of individual students and the education of members of Medgar Evers College on the rights and responsibilities of communal membership. To that end, Kevin serves on the planning group for New Student Orientation and the Care Assessment and Response (CARE) Team.

In addition to his work at the College, Kevin is an award-winning lettering artist and typeface designer. His typographic-centered designs combine elements of pop art and graffiti. Kevin's clients include Adobe, Entrepreneur Magazine, The Star Tribune, Smorgasburg as well as 23andMe. His work has been featured in editorials by The Brooklyn Circus, Type Magazine, and TYPEONE Magazine and acted as a juror for international competitions for The One Club for Creativity and Art Directors Club.

## WORKSHOP ABSTRACTS

### **Living the Purpose Lifestyle**

All the answers to the Purpose Lifestyle are already inside of you, and life is big enough to begin doing what you were born to do NOW. When we, as faculty and Medgar Evers College team members, live out the Purpose Lifestyle, we serve as powerful catalysts and inspirations to students to lead their own Purpose Lifestyles. In this transformative seminar, Dr. Derrick Drakeford will discuss his research, funded by the National Science Foundation, on how purpose can only be learned, lived, and taught through the lens of lifestyle. Purpose is the factor that drives a teacher or a coach to go above and beyond to pull greatness out of their students that they did not even know they had. Living the Purpose Lifestyle involves the commitment of body, mind, and spirit, to your work. Although it doesn't make your work easier, it certainly makes it more joyful, effortless, and purposeful.

### **Curriculum-Mapping**

This workshop will be a professional development opportunity for faculty and staff to learn about and discuss best practices for aligning program curriculum. This will include reviewing the importance of departments aligning the program course of study for students to complete, that is public facing, on all materials for the College. Overall, the goal of this curriculum-mapping workshop is the help faculty and staff understand the importance of aligning the curriculum to create and maintain a high-quality curriculum that supports student success.

### **Post-Quarantine Work-Life Balance**

This workshop on post-quarantine work-life balance will be a professional development opportunity for faculty and staff to discuss the challenges and changes they have experiences during the pandemic, and to identify strategies for maintaining a healthy balance between work and personal life in the "new normal." This workshop will cover topics such as managing remote work and virtual communication, setting boundaries and expectations, and finding ways to prioritize self-care and well-being. It will also include a discussion of the unique challenges that college employees may face, such as balancing teaching and research obligations with family responsibilities and finding ways to stay connected and engaged with colleagues and students in a virtual environment. The goal of the workshop will be to help faculty and staff develop skills and strategies for maintaining a healthy and sustainable work-life balance for student success in the post-pandemic world.

### **Customer Service in the 21<sup>st</sup> Century: What Students, Faculty, Staff, and Visitors Need**

This workshop on customer service will be a professional development opportunity for faculty and staff to learn about best practices for providing excellent customer service to students, parents, other stakeholders, and each other. The workshop will cover an array of topics that will support the College in providing customer service excellence.



## WORKSHOP ABSTRACTS

### **College Students and Mental Health: How to Support Students in Crisis**

Today's college students are coming to college with various diagnosed mental health challenges, of which have been exacerbated by the pandemic. This session will discuss strategies on how to support students who need additional support while trying to complete their degrees.

### **Generation Z: Challenges to Principles of Good Practice in Teaching and Learning**

Generation Z has presented some unique challenges to higher education. This session will talk about expectations that today's college students come with, and how those expectations sometime do not align with best practices in teaching and learning.

### **Working with Diverse Students**

This session will explore the educational benefits of committing to Diversity, Equity, Inclusion, & Belonging, and how these principles impact our environment.

### **Deans and Chairs Workshop**

This workshop will be an administrative overview for Deans and Chairs.

**January 19, 2023**  
**DAY ONE**

**Continental Breakfast**  
**8:00AM – 8:45AM**  
**B-1008, President's Conference Center**

**Opening Plenary Session**  
**9:00AM – 11:30AM**  
**Founders Auditorium**

Welcome.....**Dr. Antoinette Coleman**, Provost and Senior Vice  
President, Division of Academic Affairs, Medgar  
Evers College

President's State of the College Address.....**Dr. Patricia Ramsey**, President, Medgar Evers College

Introduction of Keynote Speaker.....**Dr. Antoinette Coleman**, Provost and Senior Vice  
President, Office of Academic Affairs, Medgar  
Evers College

Keynote Address.....**Dr. Derrick Drakeford**, CEO/Principal Investigator  
Drakeford, Scott, and Associates, LLC  
*"Laying a Foundation for Purpose"*

**Announcements: Prospective College Initiatives**

Center for Teaching and Learning Excellence....**Dr. Margaret Carroll**, Professor of Biology/Co-  
Director, Center for Teaching and Learning  
Excellence  
**Professor Moses Phillips**, Asst. Professor, Music Unit  
Coordinator, Mass Comm., Creative & Performing / Co-  
Director, Center for Teaching & Learning Excellence

Workgroup on Advancing Social Justice:.....**Dr. Maria DeLongoria**, Chair, Department of Social and  
Diversity, Inclusion, Civility, & Confronting  
Religious and Ethnic Discrimination  
Behavioral Sciences, School of Liberal Arts / Co-Chair,  
Workgroup  
**Dr. Sheldon Huggins**, Chair & Asst. Professor, Department  
of World Languages & Culture, School of Liberal Arts /  
Co-Chair, Workgroup



## FACULTY & STAFF INSTITUTE 2023

MEC Office of Human Resources.....**Ms. Susan Haynes**, Interim Executive Director, Office of Human Resources

2023 Faculty and Staff Institute.....**Mr. Kevin Adams**, Director, Community Standards/Student Conduct Officer, Division of Student Success and Enrollment Management  
**Dr. Fabienne Snowden**, Assistant Professor / Social Work Department

**Lunch and Networking**  
**11:30AM – 12:50PM**  
**AB-1 Cafeteria**

## **January 19, 2023**

### **DAY ONE**

#### **WORKSHOP SESSION I: 1:00PM – 2:15PM**

##### **Workshop I - Living the Purpose Lifestyle**

AB-1, Room # L04 – **Dr. Derrick Drakeford**

AB-1, Room # L06 – **Mr. Barron J. Damon**

AB-1, Room # L07 – **Dr. Quincy Scott Jr.**

AB-1, Room # L09 – **Ms. La-Tasha Best-Gaddy**

All the answers to the Purpose Lifestyle are already inside of you, and life is big enough to begin doing what you were born to do NOW. When we, as faculty and Medgar Evers College team members, live out the Purpose Lifestyle, we serve as powerful catalysts and inspirations to students to lead their own Purpose Lifestyles. In this transformative seminar, Dr. Derrick Drakeford will discuss his research, funded by the National Science Foundation, on how purpose can only be learned, lived, and taught through the lens of lifestyle. Purpose is the factor that drives a teacher or a coach to go above and beyond to pull greatness out of their students that they did not even know they had. Living the Purpose Lifestyle involves the commitment of body, mind, and spirit, to your work. Although it doesn't make your work easier, it certainly makes it more joyful, effortless, and purposeful.

#### **WORKSHOP SESSION II: 2:30PM – 3:45PM**

##### **Workshop I - Curriculum-Mapping**

AB-1, Room # L10 – **Dr. Colleen Davy**, Interim Assistant Dean of Institutional Research and Strategic Planning, Kingsborough Community College

This workshop will be a professional development opportunity for faculty and staff to learn about and discuss best practices for aligning program curriculum. This will include reviewing the importance of departments aligning the program course of study for students to complete, that is public facing, on all materials for the College. Overall, the goal of this curriculum-mapping workshop is the help faculty and staff understand the importance of aligning the curriculum to create and maintain a high-quality curriculum that supports student success.



## **Workshop II - Customer Service in the 21<sup>st</sup> Century: What Students, Faculty, Staff, and Visitors Need**

AB-1, Room # L11 – **Ms. Susan Haynes**, Director of Human Resources, Medgar Evers College

This workshop on customer service will be a professional development opportunity for faculty and staff to learn about best practices for providing excellent customer service to students, parents, other stakeholders, and each other. The workshop will cover an array of topics that will support the College in providing customer service excellence.

## **Workshop III – Generation Z: Challenges to Principles of Good Practice in Teaching and Learning**

AB-1, Room # L12 – **Dr. Jesse Kane**, Senior Vice President, Student Success and Enrollment Management, Medgar Evers College

Generation Z has presented some unique challenges to higher education. This session will talk about expectations that today's college students come with, and how those expectations sometime do not align with best practices in teaching and learning.

## **WORKSHOP SESSION III: 2:30PM – 3:45PM**

### **Workshop I - Deans & Chairs Workshop**

AB-1, Room # 312 - **Senior Leadership**

This workshop will be an administrative overview for Deans and Chairs.

**FACULTY AND STAFF RECEPTION**  
**4:00PM – 5:00PM**  
**AB-1 Cafeteria**

**January 20, 2023**  
**DAY TWO**

**Continental Breakfast**  
**8:00AM – 9:15AM**  
**AB-1 Cafeteria**

**WORKSHOP SESSION I: 9:30AM – 10:45AM**

**Workshop I - Customer Service in the 21<sup>st</sup> Century: What Students, Faculty, Staff, and Visitors Need**

AB-1, Room # L11 – **Ms. Tracey Hobbs**, Founder, Shifterr

This workshop on customer service will be a professional development opportunity for faculty and staff to learn about best practices for providing excellent customer service to students, parents, other stakeholders, and each other. The workshop will cover an array of topics that will support the College in providing customer service excellence.

**Workshop II – Post-Quarantine Work-Life Balance**

AB-1, Room # L04 – **Dr. Stacey Plichta**, Professor, Health Policy and Management / Director, PhD Program in Community Health and Health Policy, CUNY Graduate School of Public Health, and Health Policy

This workshop on post-quarantine work-life balance will be a professional development opportunity for faculty and staff to discuss the challenges and changes they have experienced during the pandemic, and to identify strategies for maintaining a healthy balance between work and personal life in the “new normal.” This workshop will cover topics such as managing remote work and virtual communication, setting boundaries and expectations, and finding ways to prioritize self-care and well-being. It will also include a discussion of the unique challenges that college employees may face, such as balancing teaching and research obligations with family responsibilities and finding ways to stay connected and engaged with colleagues and students in a virtual environment. The goal of the workshop will be to help faculty and staff develop skills and strategies for maintaining a healthy and sustainable work-life balance for student success in the post-pandemic world.



### **Workshop III - Working with Diverse Students**

AB-1, Room # L06 – **Mr. Kevin Adams**, Director, Community Standards/Student Conduct Officer, Division of Student Success and Enrollment Management, Medgar Evers College

This session will explore the educational benefits of committing to Diversity, Equity, Inclusion, & Belonging, and how these principles impact our environment.

### **WORKSHOP SESSION II: 11:00AM – 12:15PM**

#### **Workshop I - Post-Quarantine Work-Life Balance**

AB-1, Room # L04 – **Dr. Stacey Plichta**, Professor, Health Policy and Management / Director, PhD Program in Community Health and Health Policy, CUNY Graduate School of Public Health, and Health Policy

This workshop on post-quarantine work-life balance will be a professional development opportunity for faculty and staff to discuss the challenges and changes they have experienced during the pandemic, and to identify strategies for maintaining a healthy balance between work and personal life in the “new normal.” This workshop will cover topics such as managing remote work and virtual communication, setting boundaries and expectations, and finding ways to prioritize self-care and well-being. It will also include a discussion of the unique challenges that college employees may face, such as balancing teaching and research obligations with family responsibilities and finding ways to stay connected and engaged with colleagues and students in a virtual environment. The goal of the workshop will be to help faculty and staff develop skills and strategies for maintaining a healthy and sustainable work-life balance for student success in the post-pandemic world.

#### **Workshop II - College Students and Mental Health: How to Support Students in Crisis**

AB-1, Room # L09 - **Dr. Makeba Pinder**, Director of Counseling Services, Medgar Evers College, and **Ms. Althea Willie**, Director of Student Health Services, Medgar Evers College

Today’s college students are coming to college with various diagnosed mental health challenges, of which have been exacerbated by the pandemic. This session will discuss strategies on how to support students who need additional support while trying to complete their degrees.

## **FACULTY AND STAFF INSTITUTE COMMITTEE**

**Dr. Antoinette Coleman, Chair**

Provost and Senior Vice President, Office of Academic Affairs

**Mr. Kevin Adams**

Director Community Standards/Student Conduct Officer, Division of Student Success, and Enrollment Management

**Dr. Margaret Carroll**

Professor, Biology, School of Science & Allied Health / Co-Director, Center for Teaching and Learning Excellence

**Dr. Wallace Ford**

Professor, Public Administration, School of Business

**Dr. Ethan Gologor**

Dean, School of Liberal Arts

**Ms. Tracy Noel**

Associate Director, College Now

**Professor Moses Phillips**

Assistant Professor, Music Unit, Mass Communications / Co-Director, Center for Teaching and Learning Excellence

**Ms. Ali Sarafoglou**

Confidential Executive Associate, Office of Academic Affairs

**Ms. Shakima Scott**

Administrative Specialist, Office of Academic Affairs

**Dr. Fabienne Snowden**

Assistant Professor, Department of Social Work, School of Liberal Arts