



★ ★ **MONDAY, MARCH 1, 2021** ★ ★

A DAY OF WOMEN'S WELLNESS

11:00 AM: Yoga Session ★ **12:00 PM: B.E.S.T. Brooklyn Wellness Workshop**
1:00 PM: Mindfulness, Meditation and Stress Relief ★ **2:00 PM: Make-Up/Skin Care Tutorial**

This virtual day of women's wellness activities will feature yoga instructors, make-up artists and experts who will help attendees gain a better understanding about mental health and wellness issues that have a particular impact on women.

REGISTER IN ADVANCE FOR THIS MEETING:

<https://zoom.us/meeting/register/tJUkdO2trD8uG9UIKH6GUMlwbbRcRHNAM41N>

After registering, you will receive a confirmation email with information about joining the meeting.

FOR MORE INFORMATION PLEASE CONTACT:

Lisa Evelyn ★ LEvelyn@mec.cuny.edu Alexis McLean ★ AMcLean@mec.cuny.edu

★ ★ **TUESDAY, MARCH 9, 2021** ★ ★

COLORING OUTSIDE THE LINES

2:00 PM - 3:30 PM

This virtual panel discussion will focus on the experiences of women of color who are illustrators, graphic artists, photographers, and editors. Panelists include Asabea Ayres, Whitney Dobladiillo, Lo Harris, and Jasmine Weber. They will discuss how being a woman of color has shaped and impacted their careers, provide attendees with insight about their personal and professional journeys, and offer advice about how to survive and thrive as a woman of color in the art world.

REGISTER IN ADVANCE FOR THIS MEETING:

https://zoom.us/meeting/register/tJlpc-mqrjsjH9PWfQyIEuv9rnw8AN_hC7lm

After registering, you will receive a confirmation email with information about joining the meeting.

FOR MORE INFORMATION PLEASE CONTACT:

Kevin Adams ★ KAdams@mec.cuny.edu

★★ **WEDNESDAY, MARCH 10, 2021** ★★

**THE NINTH ANNUAL SHIRLEY CHISHOLM CONFERENCE:
GENDER, ACTIVISM, & SOCIAL JUSTICE**

6:00 PM - 8:00 PM

With the historic election of Kamala Harris, the first woman as well as the first Black and South Asian woman, as the 49th U.S. Vice President of the United States, the remarkable legacy of politician and activist Shirley Chisholm has rightfully regained significant notice. The parallels between Harris and Chisholm are noteworthy.

In honoring her legacy, The Shirley Chisholm Conference recognizes and celebrates her by paying tribute to women who have labored unstintingly for the progress of their communities without regard for race, gender, age, or national origin.

PLEASE USE THE LINK BELOW TO REGISTER FOR THE CONFERENCE:

<https://hopin.com/events/the-ninth-annual-shirley-chisholm-conference>

After registering, you will receive a confirmation email with information about joining the meeting.

FOR MORE INFORMATION PLEASE CONTACT:

Michael Flanigan ★ CRC@mec.cuny.edu

★★ **THURSDAY, MARCH 18, 2021** ★★

THE TRUTHTELLERS

12:30 PM - 2:00 PM

This program will focus on historical patterns that have shaped the relationship between Black women and society. The discussion will be moderated by Dr. Maria DeLongoria, Historian and Chair of MEC's Social and Behavioral Sciences Department, and will include Dr. Stacey Patton and Dr. Sherri Williams, both of whom have gained national recognition for their expertise in a wide range of issues particularly related to the Black community, and use their platforms to correct false narratives of marginalized groups, especially women of color in the media.

REGISTER IN ADVANCE FOR THIS MEETING:

<https://zoom.us/meeting/register/tJAofuyvpz4rGtPMhfPlrAd17InefTFMsByC>

After registering, you will receive a confirmation email with information about joining the meeting.

FOR MORE INFORMATION PLEASE CONTACT:

Maria DeLongoria ★ MDeLongoria@mec.cuny.edu Donna Hill ★ DoHill@mec.cuny.edu

★ ★ WEDNESDAY, MARCH 24, 2021 ★ ★

THE INFLUENCERS

4:00 PM - 5:15 PM

This event will feature social media influencers, Noemie Gaines (@noemiegaines) and Tiffany Johnson (@influencebytiffany). Both women will discuss image and branding, and help attendees gain a better understanding about the business of becoming, and maintaining one's status as a social media influencer. Influencers will focus on brand awareness, and the importance of managing a digital footprint. In addition, they will share how they manage their careers, businesses and families — all within the context of being a social media influencer.

REGISTER IN ADVANCE FOR THIS MEETING:

https://zoom.us/meeting/register/tJcuf-Ctrz4qHNSMi9ips_suarYUmr7zxmTh

After registering, you will receive a confirmation email with information about joining the meeting.

FOR MORE INFORMATION PLEASE CONTACT:

Tanisha Malette ★ TMalette@mec.cuny.edu

★ ★ THURSDAY, MARCH 25, 2021 ★ ★

THE HEALERS

3:00 PM - 4:15 PM

This virtual panel, moderated by Dr. Shirley Daniels, Chair of the Department of Nursing, will feature women in healthcare who will share their experiences combatting the COVID-19 pandemic, and discuss their first-hand account of how the virus impacts communities of color. Panelists will also shed light on how their identities have impacted their academic and professional journey(s), and how we can all do our part to help educate one another, and stop the spread.

REGISTER IN ADVANCE FOR THIS MEETING:

https://zoom.us/meeting/register/tJYrc-6opz0uG9CNAs02Gnh8iuQli_W4VYzk

After registering, you will receive a confirmation email with information about joining the meeting.

FOR MORE INFORMATION PLEASE CONTACT:

Jamell Brady ★ JBrady@mec.cuny.edu Shirley Daniels ★ Daniels@mec.cuny.edu

★ ★ **WEDNESDAY, MARCH 31, 2021** ★ ★

THE POWWER!™ SERIES FT. BLAIR IMANI

2:00 PM - 3:30 PM

POWWER!™ (Passionate Outstanding Women Who Effortlessly Rock!) was created to highlight extraordinary women who have advanced their field(s) while simultaneously serving and shaping their communities. This virtual discussion will be moderated by POWWER!™ founder and Interim Dean of Student Affairs, Dr. Alexis McLean, and feature Blair Imani, a critically-acclaimed historian, social activist, public speaker, educator and influencer, who has appeared in the New York Times, and on FOX News and MSNBC. Blair Imani's work centers women and girls, global Black communities, and the LGBTQ community. Her TEDxBoulder talk, "Queer & Muslim: Nothing to Reconcile," has garnered over 150,000 views.

REGISTER IN ADVANCE FOR THIS MEETING:

<https://zoom.us/meeting/register/tJMocuGqgTlvEtfunIQAcldzy4WEbOji0wwt>

After registering, you will receive a confirmation email with information about joining the meeting.

FOR MORE INFORMATION PLEASE CONTACT:

Alexis McLean ★ AMcLean@mec.cuny.edu Kevin Adams ★ KAdams@mec.cuny.edu